**Continued Accreditation Application: Obesity Medicine/Bariatric Medicine**

**(Family Medicine, Internal Medicine, Obstetrics and Gynecology, Pediatrics,**

**Preventive Medicine)**

401 North Michigan Avenue · Chicago, Illinois 60611 · United States · +1.312.755.7042 www.acgme-i.org

**Submission for Continued Accreditation:** This Advanced Specialty application is for programs applying for **Continued Accreditation ONLY** and is used in conjunction with the Accreditation Data System (ADS).

All sections of the form applicable to the program must be completed for the application to be accepted for review. The information provided should describe the existing program. For items that do not apply, indicate “N/A” in the space provided. Where patient numbers are requested, provide exact numbers as requested and indicate the exact dates for the data entered. If any requested information is unavailable, an explanation must be given, and it should also be indicated as unavailable in the appropriate place on the form. Once the form is complete, number the pages sequentially in the bottom center.

The program director is responsible for the accuracy of the information supplied in this form and must sign it. It must also be signed by the designated institutional official of the Sponsoring Institution, who will submit the application electronically in ADS.

Review the International Foundational Program Requirements for Graduate Medical Education and the Advanced Specialty Program Requirements for Graduate Medical Education in Obesity Medicine/Bariatric Medicine. The International Foundational, Advanced Specialty, and Institutional Requirements can be downloaded from the ACGME International website: [www.acgme-i.org](http://www.acgme-i.org/).

Email questions regarding the form’s content to [acgme-i@acgme-i.org](mailto:acgme-i@acgme-i.org).

Email questions regarding ADS to [ADS@acgme.org](mailto:ADS@acgme.org) (type the program number in the subject line).

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| Program Name:Click here to enter text. |

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**Introduction**

**Duration and Scope of Education**

|  |
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| * + - 1. What is the length, in months, of the educational program?   Choose an item.  **Institution**  **Sponsoring Institution** |

1. Does the obesity medicine/bariatric medicine fellowship function as an integral part of an ACGME-I-accredited residency in family medicine, internal medicine, obstetrics and gynecology, pediatrics, or preventive medicine? YES NO

Explain if ‘NO.’ (Limit 250 words) For information on independent subspecialty status, email [acgme-i@acgme-i.org](mailto:acgme-i@acgme-i.org).

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**Program Personnel and Resources**

**Program Director**

1. Describe how the program ensures that the program director has at least three years of experience as a clinician and/or teacher in obesity medicine/bariatric medicine and a record of ongoing involvement in scholarly activities in the field. (Limit 250 words)

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**Faculty**

1. Describe how the program ensures there are two core faculty members, including the program director, who have at least three years of experience in obesity medicine/bariatric medicine. (Limit 250 words)

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1. ​Complete the table to indicate the faculty members with expertise in each specified area.​

|  |  |
| --- | --- |
| Practice Area | Faculty Member(s) Name(s) |
| Adult obesity |  |
|  |
|  |
|  |
| Bariatric and metabolic surgery |  |
|  |
|  |
|  |
| Cardiology |  |
|  |
|  |
|  |
| Endocrinology |  |
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| Gastroenterology and hepatology |  |
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| Pediatric obesity |  |
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| Sleep medicine |  |
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​​List any faculty members not included in the table above, as well as their specialty.

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**Other Program Personnel**

* + - 1. Do fellows have regular interaction with the following personnel?

1. Mental health professionals, such as psychologists or social workers YES NO
2. Nurses YES NO
3. Nutrition professionals, such as dietitians YES NO
4. Pharmacy professionals YES NO
5. Physical activity professionals, such as exercise physiologists, occupational therapists, or physical therapists YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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**Resources**

1. Are the following clinical resources and services available to fellows?
2. Adequate outpatient clinical space to deliver longitudinal care YES NO
3. Body composition analysis YES NO
4. Comprehensive laboratory YES NO
5. Imaging services YES NO
6. Indirect calorimetry YES NO
7. Multidisciplinary specialized obesity clinic YES NO
8. Pathology services YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Is the following appropriately sized equipment available to the program to accommodate routine care for patients with pre-obesity (patients who are overweight) and obesity?
   1. Chairs YES NO
2. Exam tables YES NO
3. Scales YES NO
4. Sphygmomanometers with large circumference cuffs YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Describe how the program ensures an adequate number and variety of patients who have pre-obesity (overweight) or obesity, ranging across all stages of life, to provide a broad experience for fellows. (Limit 300 words)

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1. Is there a bariatric and metabolic surgery service that performs bariatric surgery on a wide range of patients? YES NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ are the following surgical procedures performed?

1. Roux-en-Y gastric bypass YES NO
2. Sleeve gastrectomy YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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**Fellow Appointment**

**Eligibility Criteria**

1. Describe how the program ensures that, prior to appointment, fellows have completed an ACGME-I-accredited family medicine, internal medicine, obstetrics and gynecology, pediatrics, or preventive medicine residency program or another family medicine, internal medicine, obstetrics and gynecology, pediatrics, or preventive medicine program that is acceptable to the Sponsoring Institution’s Graduate Medical Education Committee? (Limit 250 words)

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**Specialty-Specific Educational Program**

**ACGME-I Competencies**

**Professionalism**

1. How do graduating fellows demonstrate a commitment to fulfilling their professional responsibilities and adhering to ethical principles?

Describe how this is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate ethical behavior and integrity when counseling patients who have pre-obesity (overweight) and obesity, as well as their families.

Describe how this is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate compassion and respect toward all patients who have pre-obesity (overweight) or obesity and their families.

Describe how this is evaluated. (Limit 300 words)

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**Patient Care and Procedural Skills**

1. How do graduating fellows demonstrate competence in their ability to provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health?

Describe how competence is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in the following?
2. Applying clinical reasoning skills during the evaluation of patients
3. Eliciting a comprehensive obesity-focused history
4. Performing a comprehensive physical examination for assessment of obesity
5. Using evidence-based models of health behavior change to assess patients’ readiness for change

Provide examples of how competence is assessed in two of the four areas listed. (Limit 250 words)

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1. How do graduating fellows demonstrate competence in incorporating values and preferences and engaging patients and their support systems in shared decision-making in the development of an obesity management plan?

Describe how competence is evaluated. (Limit 400 words)

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1. How do graduating fellows demonstrate competence in the use of laboratory evaluation for screening, diagnosis, and monitoring response to diagnosis and treatment of obesity-related conditions?

Describe how competence is evaluated. (Limit 400 words)

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1. How do graduating fellows demonstrate competence in the use of radiological and other diagnostic procedures to screen, diagnose, and monitor response to treatment of obesity-related conditions?

Describe how competence is evaluated. (Limit 400 words)

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**Medical Knowledge**

* + - 1. How do graduating fellows demonstrate knowledge of established and evolving biomedical, clinical, epidemiological, and social-behavioral sciences, as well as the application of this knowledge to patient care?

Describe how knowledge is evaluated. (Limit 400 words)

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1. How do graduating fellows demonstrate knowledge of the following?
2. Anthropometric (body composition) assessment across the life course
3. Clinical assessment of energy expenditure
4. Energy homeostasis and weight regulation across the life course
5. Etiology, mechanisms, and biology of obesity across the life course
6. Obesity epidemiology
7. Obesity-related comorbidities and corresponding benefits of weight management

Provide examples of how knowledge is assessed in four of the six areas listed. (Limit 400 words)

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1. How do graduating fellows demonstrate knowledge of the application of the following in obesity treatments?
2. Behavioral and psychological interventions
3. Emerging treatment modalities
4. Nutrition interventions
5. Pharmacologic treatment
6. Physical activity interventions
7. Principles of primary, secondary, and tertiary prevention of obesity
8. Surgical and procedural treatments of obesity

Provide examples of how knowledge is assessed in four of the seven areas listed. (Limit 400 words)

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**Practice-Based Learning and Improvement**

1. How do graduating fellows demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and lifelong learning?

Describe how this is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in the following?
2. Analyzing practice systems using quality improvement methods
3. Educating patients, students, residents, and other health care professionals
4. Evaluating strengths and deficiencies in their knowledge of obesity medicine/bariatric medicine and setting and achieving goals for improvement
5. Using information technology to optimize delivery of care
6. Using resources to locate, interpret, and apply evidence from scientific studies in obesity co-morbidities and treatment

Provide examples of how competence is assessed in three of the five areas listed. (Limit 300 words)

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**Interpersonal and Communication Skills**

1. How do graduating fellows demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, patients’ families, and other health professionals?

Describe how this is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in using non-stigmatizing, non-judgmental, respectful, and empathetic language when communicating with the following individuals?
2. Patients with obesity
3. Professional colleagues and other members of the health care team

Describe how competence in each of the above is evaluated. (Limit 400 words)

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1. How do graduating fellows demonstrate awareness of different cultural views regarding desired weight and preferred body size when communicating with patients, patients’ families, and other members of the health care team?

Describe how this is evaluated. (Limit 300 words)

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**Systems-Based Practice**

1. How do graduating fellows demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care?

Describe how this is evaluated. (Limit 300 words)

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1. How do graduating fellows demonstrate competence in the following?
2. Advocating for health system and public health policies to improve obesity treatment and prevention
3. Advocating for policies that are respectful and free of weight bias
4. Applying critical appraisal of scientific articles and research methods in the field of obesity medicine/bariatric medicine
5. Awareness of the costs of obesity intervention and prevention with regards to the individual, the health care system, and the community
6. Using chronic disease treatment and prevention models to enhance obesity intervention and prevention efforts in the clinical, community, and public policy domain
7. Working collaboratively with an interdisciplinary team dedicated to obesity prevention and treatment strategies

Provide examples of how competence is assessed in four of the six areas listed. (Limit 400 words)

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**Regularly Scheduled Educational Activities**

1. Complete Appendix A., Formal Didactic Sessions by Academic Year, and attach to submission.
2. Do fellows participate in the following?
3. Case discussions YES NO
4. Directed readings YES NO
5. Journal clubs YES NO
6. Lectures YES NO
7. Multidisciplinary conferences YES NO
8. Research seminars YES NO
9. Seminars YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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| Click here to enter text. |

1. Do didactic sessions include information on the following?
   1. Anthropometric measurements and clinical assessment of energy expenditure YES NO
   2. Behavioral and psychological interventions, including concepts related to disordered eating, body image disturbance, and psychological effects of obesity YES NO
   3. Emerging obesity treatment modalities YES NO
   4. Energy homeostasis and weight regulation across the life course YES NO
   5. Etiologies, mechanisms, and biology of obesity across the life course YES NO
   6. Nutrition interventions, including general concepts and nutritional interventions YES NO
   7. Obesity epidemiology, including incidence, prevalence, and demographic distribution across the life cycle and obesity treatment guidelines YES NO
   8. Obesity-related comorbidities YES NO
   9. Pharmacological management, including general concepts related to anti-obesity medications and advanced concepts YES NO
   10. Physical activity interventions, including general concepts, physical activity interventions, and behavioral interventions YES NO
   11. Principles of primary, secondary, and tertiary prevention of obesity YES NO
2. Surgical procedures, including general concepts and advanced concepts of post-operative medical, nutritional, and psychological management YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. How does the program ensure that fellows are actively involved in planning and implementing conferences, and that faculty members regularly attend and present conferences? (Limit 300 words)

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**Clinical Experiences**

1. How does the program ensure fellows participate in the care of patients with pre-obesity (overweight) and obesity across all life stages with a broad spectrum of disease severity and comorbid conditions? (Limit 300 words)

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1. Does clinical experience include, over the course of the educational program at least 80 hours of experience in nutrition management of patients with obesity and obesity-related conditions?

YES NO

Explain if ‘NO.’ (Limit 250 words)

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| Click here to enter text. |

If ‘YES,’ does the experience include the following?

1. Management of patients by dietitians YES NO
2. Management of nutritional issues in patients with pre-obesity (overweight) and obesity complications and comorbidities YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Does clinical experience include at least 80 hours over the course of the program in bariatric and metabolic surgery? YES NO

Explain if ‘NO.’ (Limit 250 words)

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| Click here to enter text. |

If ‘YES,’ does the experience include the following?

1. Evaluating patients pre-operatively YES NO
2. Managing patients post-operatively YES NO
3. Managing post-operative complications YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Does clinical experience include experience in pediatric obesity medicine/bariatric medicine YES NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ does the experience include the following?

1. At least 80 hours over the course of the program for fellows who completed an internal medicine, obstetrics and gynecology, or preventive medicine residency YES NO
2. At least 240 hours over the course of the program for fellows who completed a family medicine or pediatrics residency YES NO
3. Hands-on care and treatment of pediatric and adolescent patients who have pre-obesity (overweight) and obesity YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Do fellows have longitudinal responsibility for providing care to a panel of patients throughout the course of their educational program? YES NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ does the experience include the following?

1. A comprehensive multidisciplinary approach to management of patients who are overweight and obesity? YES NO
2. A panel of patients that represent the spectrum of pre-obesity/obesity and obesity-related conditions? YES NO
3. Longitudinal care of outpatients and/or patients in a defined weight management program? YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Does clinical experience include at least two weeks over the course of the program in psychology and mental health? YES NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ does the experience include the following?

1. Psychological management or collaborative management with psychiatrists, psychologists, counselors, or therapists YES NO
2. Treatment of mental health conditions related to pre-obesity (overweight), obesity, and obesity complications and comorbidities YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Does clinical experience include, over the course of the educational program, at least 40 hours in endoscopic or other minimally invasive bariatric procedures? YES NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ does the experience include the following?

1. Evaluating patients pre-procedure YES NO
2. Monitoring patients post-procedure YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Do fellows have elective experiences in disciplines related to obesity medicine/bariatric medicine? YES NO

Explain if ‘NO.’ (Limit 250 words)

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**Scholarly Activity**

**Fellows’ Scholarly Activity**

Describe the core curriculum in research. (Limit 300 words)

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* + - 1. Do all fellows participate in a scholarly project under the guidance of the program director or a designated mentor? YES NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ does the experience:

1. include opportunities for scholarly activity in research, quality improvement, education, or advocacy? YES NO
2. culminate in presentation, written report, or publication? YES NO
3. begin in the first year and continue for the length of the educational program? YES NO
4. occur during protected time for fellow research? YES NO

Explain any ‘NO’ response(s). (Limit 250 words)

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**Appendix A. Formal Didactic Sessions by Academic Year**

For each year of the fellowship, attach (Label: Appendix A.) a list of all scheduled didactic courses (including discussion groups, seminars and conferences, grand rounds, basic science, skills labs, and journal club) at all participating sites to which fellows rotate, using the format below. If attended by fellows from multiple years, list in each year but provide a full description *only the first time a site is listed*.

Number sessions **consecutively** from the first year through the final year so that the scheduled didactic sessions can be easily referenced throughout the application. **Be brief and use the outline that follows**.

Year in the Program:

Number:                Title:

a) Type of Format (e.g., seminar, conference, discussion groups)

b) Required or elective

c) Brief description (three or four sentences)

d) Frequency, length of session, and total number of sessions

**Example:**

|  |
| --- |
| Y-1  01. Introduction to Obesity Medicine/Bariatric Medicine  a) Seminar  b) Required Y-1  c) Survey of contemporary methods and styles of obesity medicine/bariatric medicine, including approaches to clinical work with minority populations  d) Weekly, for 8 sessions  02. Departmental Grand Rounds  a) Discussion groups  b) Required Y-1, Y-2, Y-3; Elective Y-4  c) Clinical case presentations, sponsored by each departmental division, followed by discussion and review of contemporary state of knowledge. Format includes fellow presentations and discussions with additional faculty discussant.  d) Twice monthly, 24 sessions |

If fellow attendance is monitored, explain how this is accomplished and how feedback is given regarding non-attendance. (Limit 250 words)

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